



# Support for Survivors of Suicide Loss

With every suicide death, family, friends and colleagues are left behind to make sense of the loss. The American Foundation for Suicide Prevention provides support for survivors of suicide loss by offering programs and resources for healing and connection.

## Following a Loss

### **International Survivors of Suicide Loss Day**

Each year, AFSP supports hundreds of Survivor Day events around the world, in which suicide loss survivors come together to find connection, understanding and hope.

### **Support Group Listings**

AFSP provides listings for hundreds of suicide loss survivor support groups in the U.S. and Canada.

### **Memory Quilts**

The Memory Quilt Program allows suicide loss survivors to honor their loved ones by creating a commemorative physical or digital quilt square.

### **Healing Conversations**

Healing Conversations gives those who have lost someone to suicide the opportunity to talk with our experienced volunteers, who are themselves survivors of suicide loss.

### **Children, Teens and Suicide Loss**

Written in partnership with The Dougy Center, The National Center for Grieving Children & Families, this booklet provides guidance on how to provide support for young loss survivors.

## Supporting Others

### **After a Suicide: A Toolkit for Schools**

Created in partnership with the Suicide Prevention Resource Center, this newly revised toolkit offers best practices for schools that have experienced a suicide death.

### **Support Group Facilitator Trainings**

Experienced trainers prepare participants to run effective peer-to-peer suicide loss support groups for adults or children and teens.

### **Suicide Bereavement Clinician Training**

This workshop gives clinical professionals insight and tools to meet the specific needs of suicide loss survivors.

### **After a Suicide: A Toolkit for Medical Schools**

This practical handbook provides guidance for hospital and program leaders in the event of a trainee's death by suicide.