

Referral Resources



→ In Emergency or Crisis

- **911 Dispatch**
 - 24/7, Dial 9-1-1 for physical health and safety emergencies
- **Nevada County Crisis Line**
 - 24/7, Call 520-265-5811 or 888-801-1437
 - Crisis Stabilization Unit at Sierra Nevada Memorial Hospital Emergency Department
- **Placer County Mobile Crisis Triage Services**
 - Adult 24/7, Call 916-787-8860 or 888-886-5401
 - Children 24/7, Call 916-872-6549 or 866-293-1940
- **Mallory Behavioral Health Crisis Center**
 - 24/7, Call 775-445-889
 - Center provides inpatient and outpatient mental health

→ Mental Health Treatment

- **SAMSHA's National Helpline**
 - 24/7, Call 800-662-4357 for referral assistance
- **NAMI Information Helpline**
 - 24/7, Call 800-950-6264
- **Placer County Behavioral Health**
 - Adults, 916-764-0491
 - Youth, 916-972-6549
- **Nevada County Behavioral Health**
 - Local, Call 530-582-7814
 - 24/7, Call 800-273-8255
- **Connecting Point 211**
 - Dial 2-1-1 for information on local services and assistance
- **Sierra Community House**
 - Hunger relief, crisis intervention & prevention, family support & community engagement, mediation & legal services
 - 24/7, Call 530-546-0952 or 800-736-1060

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→ Support Groups

- **NAMI Placer Family Support Groups**
 - Family to family, family support, peer support
- **NAMI Nevada County**
 - Family, peer to peer support
- **NAMI of Northern Nevada**
 - Family, peer to peer support

→ Domestic Violence, Abuse, and Sexual Assault

- **National Domestic Violence Hotline**
 - 24/7, Call 800-799-7233
- **National Sexual Assault Hotline**
 - 24/7, Call 800-656-4673
- **The National Dating Abuse Helpline**
 - 24/7, Call 800-331-9474

→ Warmlines

- **NAMI NV Stigma-free Warmline**
 - Call 775-241-4212
- **CalHope Peer Warmline**
 - Call 833- 317-4673
- **Teen Line**
 - Call 800-852-8336 (6 - 10 PM PST)
 - Text 839863 (6 - 9 PM PST)
- **NAMI Teenline**
 - Call 800-852-8336

→ LGBTQ+ Resources

- **LGBT National Help Center**
 - Call 888-843-4564
- **Trevor Project**
 - Call 866-488-7386
- **Trans Lifeline**
 - Call 877-565-8860

Visit www.Tahoelifeline.org



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