



OF SUPPORTING GRIEVING CHILDREN, TEENS, AND ADULTS

Over the last **15** years, the Solace Tree has provided grief support to nearly **6,500** children, **2,500** teens, and **3,000** adults who have suffered a devastating or traumatic experience through death, divorce, abuse, addiction, depression, deployment, bullying, school shootings, mass shootings, incarceration, deportation, foster care, separation, cancer, illness, and disease.

Along the way, approximately **400** volunteers, school counselors, teachers, nurses, and social workers have worked over **150,000** hours to help support the Solace Tree. *A special thank you to the many businesses, foundations, and funeral homes, for supporting us too.* We want you to know how grateful we are to everyone, including our dedicated board members, for their time, talent, and resources and it is only because of your generosity and support that we are still here, **15** years later!

GOOD GRIEF PROJECT

For the past 7 years, the Good Grief Project has conducted programs in over 24 schools within the Washoe County District. This district provides K-12 to 104 schools with over 64,000 children with growing needs. The Good Grief Project believes that healing from grief is not just important for the bereaved, *it is important for the entire community.* The Good Grief Project serves as a preventative program, working with children and teens to explore, experience and verbalize the hard feelings and thoughts that they are coping with. By providing a safe and healthy outlet for these feelings and thoughts, participants will be able to address unresolved issues of loss, with the end result being that they will become healthy and thriving members of their community.

Due to lack of school funds, this program relies heavily on the generosity and support of private donors.

GRIEF GROUPS

- Families attend from cities such as: Reno, Carson City, Gardnerville, Lake Tahoe, Elko, Fallon, Fernley, Sparks, Sacramento, Auburn, Truckee, and Susanville, CA
- Facilitated grief groups for clients from over 12 different cultures and 7 different religions
- Co-found 4 grief centers in Nevada and 1 in New York
- Created a special suicide grief support group for teens
- Specializing in explaining death and dying to children
- Specializing in explaining suicide to children

GRIEF SUPPORT

- Worked with 347 children through Kids Can Cope, a group intervention designed to help children and teenagers who currently have a parent diagnosed with cancer, illness, and disease
- Volunteered for the U.S. Military – Tragedy Assistance Program for Survivors
- Provided 10 summer grief camps at Lake Tahoe
- Held annual Child and Teen Grief Awareness Day which is the third Thursday of every November
- Grief support for pre-schools and private schools
- Grief support for Businesses and organizations

PRESENTATION & LECTURES

- Keynote speaker and presenter at national conferences, including: American Academy of Pediatrics, National Association of Elementary School Principals, National Association for the Education of Young Children, Cancer Treatment Center of America and American Counseling Association
- Speaker at various children's hospitals and hospices around the nation
- Provided grief workshops for health care, social services and education professionals on both "Grief in the Workplace", "Helping Children and Teens Cope with Loss and Death" and "Explaining Death to Children"
- Lecturer on "Death and Dying" and "How to Help Children and Teens Cope with Death and Loss" at the University of Nevada, Reno

RECOGNITION

- PBS Silver Communicator
- Health Care Heroes
- Entrepreneur Award 2010
- Human Services Network
- Agency of the Year 2016
- Ordinary People, Extraordinary
- Measures Award 2014
- Truckee Meadows Tomorrow
- Silver Star Award 2007

PUBLICATIONS

The Solace Tree has published seven different grief books and journals which have sold over 30,000 copies nationally and internationally.

MAGAZINES

Featured in BabyZone.com (now babble.com), Parents.com, Family Pulse, Reno Gazette-Journal, and University of Phoenix Alumni