**Tahoe Truckee Suicide Prevention Coalition**

**Resource Guide**

**LIFE THREATENING EMERGENCIES: CALL 911**

**NATIONAL SUICIDE PREVENTION LIFELINE: 1-800-273-8255 (24/7)**

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| **Association/Agency** | **Services Provided** | **Ages Served** | **Low Income Availability** | **Focus for Care** | **Spanish** |
| Nevada County Behavioral Health/Truckee; 530-582-7803  Mental Health Crisis Intervention: 530- 265-5811 | Adult and Child mental health therapy/co- occurring disorders, crisis counseling, psychiatric services | All | Medi-Cal Mental Health Service Act funding | Crisis intervention for any person regardless of ability to pay | yes |
| Placer County Mental Health/Sierra Mental Wellness Group: 530- 581-4054  Wraparound Services: 530-546-1900 Mental Health Crisis Intervention | Adults and Children’s mental health therapy, crisis counseling, psychiatric and wraparound services. | All | Medi-Cal Mental ealth Service Act  funding Sliding scale | Crisis intervention for any person regardless of ability to pay | yes |
| Uplift, Nevada County/Truckee, 530-582-7803 or 530-265-7844 | Wraparound therapeutic mental health services | Children and Families | Nevada County Medi-Cal; Probation funds available | High risk kids and families | Yes |
| Wellness Program (TTUSD)/530-582-2575, Kim Bradley  [kbradley@ttusd.org](mailto:%20kbradley@ttusd.org) | Wellness programs mental health referrals, social support, counseling, peer support, private therapists | Teens | TTUSD High Schools, all students |  | Yes |
| Family Resource Centers  Truckee: 530-587-2513  North Lake Tahoe, Kings Beach: 530-546- 0952 | Promotoras Parenting classes, family support, mental health referrals | All | Free/Varies | Kings Beach and Truckee | yes |
| Tahoe Safe Alliance Hotline,  24 hours a day, everyday  Placer and Nevada Counties:  1-800-736-1060 | Domestic violence safe houses/shelter prevention/education legal support counseling | all | FREE | Domestic violence, sexual assault and child abuse  Placer and Nevada Counties and the State of Nevada | Yes |
| Community Recovery Resources (CoRR) Truckee and Kings Beach: 530-587-8194 | Outpatient Substance Abuse Treatment, DUI Classes, Transition House for Women/Truckee | Adults and Youth | Medi-Cal, Private Pay | Placer and Nevada Counties, Kings Beach and Truckee | Yes |
| West Hills Hospital Reno, NV : 775-323-0478 | Emergency mental health crises, acute suicidality with plan/intent; full range of behavioral and mental health care services and chemical dependency treatment | Adults, Children and Families | Medi-Cal, fee for service, County Medical Services Program (CMSP)  and private pay | Placer and Nevada Counties | Yes |
| What’s Up Wellness Checks  530-268-5854  whatsupwellness@gmail.com | Emotional health screen for high school students in TTUSD | 10th graders and referred students | Free | Placer and Nevada Counties schools | yes |
| Truckee Incline Tahoe Young People in A lcoholics Anonymous (T ITY PAA)  www..titypaa.org | Young peoples groups to help teens understand that they need not experience years of drinking, loss of family , friends and f inances to be ready for sobriety . They help bring the teens into recovery, unity and service through the 12 Steps of A.A. | Teens | Free | Placer and Nevada  Counties and the State of Nevada | Yes |
| Narcotics Anonymous (NA) 530-546-1116 | Group Meetings for  12 Step Program of Recovery | Adults and teens | Free | Placer and Nevada Counties | Yes |
| Alcoholics Anonymous (AA) 530-546-1126 | Group Meetings for  12 Step Program of Recovery | Adults and Teens | Free | Placer and Nevada Counties | Yes |
| Gateway Mountain Center Peter Mayfield  (530) 426-2110 | Substance/Alcohol Abuse | Youth/Teen | Low-fee  Medi-Cal  Medicare  No fee  Private pay  Sliding scale | Placer | Yes |

**National Organizations and Federal Agencies**

**Suicide Prevention Resource Center (SPRC): http:/www.sprc.org**

**The Trevor Project: http:/www.thetrevorproject.org 866-488-9386**

**American Association of Suicidology (AAS): http:/www.suicidology.org**

**American Foundation for Suicide Prevention (AFSP): http:/www.afsp.org**

**U.S. Substance Abuse and Mental Health Services Administration (SAMHSA): http:/www.samhsa.gov**